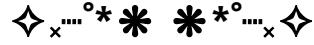




श्री राम रक्षा स्तोत्रम् (Shri Ram Raksha Stotram) in English



Shri Ram Raksha Stotram

om asy shree raamaraksha stotramantrasy
budhakaushik rshih
shree sitaaraam chandrodevata
anushtup chhandah
seeta shaktih
shreemad hanumaan keelakam
shreeraamachandr preetyarthe raamaraksha stotrajape viniyogah
॥

dhyaanam

dhyaayedaajaanubaahun dhrtashar dhanuran baddh
padmaasanasthan
peetan vaasosaasanan navakamal dashaparthee utsavan
utsavam ॥
vaamanakaaraudh seetaamukh kamalamillalochanan
niraadaabhan
naanaalankaar deeptan dadhaatamuru jataamandalan
raamachandram ॥

stotram

charitan raghunaathasy shatakoti pravistaaram ॥
ekaikamaksharan punsaan mahaapaatak naashanam ॥ 1 ॥
dhyaatva neelotpala shyaaman raaman raajeevalochanam ॥
jaanakee lakshmanopetan jataamukut manditam ॥ 2 ॥

saseetoon dhanurban paanin naktan charaantakam ||
svililaya jagattraatu mavirbhootamajan vibhum || 3 ||

raamarakshaan pathetpragya paapaghneen sarvakaamadaam ||
shiro me raaghavah paatu phalan (bhaalan) dasharathaatmajah ||
4 ||

kaushalyeyo dashaupatu vishvaamitrapriyah shruti ||
ghraanan paatu makhatraata mukhan saumitrivatsalah || 5 ||

jihvaan vidyaanodhih paatu kanthan bharatavanditah ||
skandhau divyayudhah paatu bhujau bhagneshakarmuh || 6 ||

karau seetaapatih paatu hrdayan jaamadagnyajit ||
madhyan paatu kradhvansee naabhin jaambavadaashrayah || 7 ||

sugreeveshah katin paatu sakhini hanumat-prabhuh ||
uroo raghuttamah paatu rakshakul vinaashakrt || 8 ||

jaanuni setukrt-paatu janghe dashamukhaantakah ||
paadau vibheeshanashreedah paatu raamokhilan vapuh || 9 ||

etan raamabalopetaan rakshaan yah sukrti pathet ||
sa chiraayuh sukhee putree vijayee vinaayakee bhavet || 10 ||

paataal-bhootal-vyom-chaarin-shchadm-chaarinah ||
na drshtumapi shaktaaste rakshitan raamanaamabhih || 11 ||

raameti raamabhadreti raamachandreti va smaran ||
naro na lipyate paaparbhuktin muktin ch vindati || 12 ||

jagajjaitraik mantren raamanaamnaabhi rakshitam ||
yah kanthe dhaarayettasy karasthaah sarvasiddhayah || 13 ||

vajrapanjar naamedan yo raamakavachan smaret ||
avyahataagayah sarvatr labhate jayamangalam || 14 ||

aadishtavaan-yatha svapne raamarakshaamimaan harah ||
tatha likhitavaan-pratitah vidyutau budhakaushikah || 15 ||

aaraamadaayakah kalpavrkshaanaan vishraamah
sakalaapadaam ||
abhiraam-strilokaanaan raamah shreeman sa nah prabhuh || 16 ||

taroonau roopasampannau sukumaarau mahaabalau ||
pundareek vishaalaakshau krshnakrshnajeenaambarau || 17 ||

phalamoolaashinau dantau taapasau brahmachaarinau ||
putrau dasharathasyaitau bhraatarau raamalakshmanau || 18 ||

sharanyau sarvasattvaanaan shreshthau
sarvadhanushamataam ||
rakshahkul nihantaarau traayetaan no raghuttamau || 19 ||

att sasy dhanura vishusprsha vakshayaashug nishang sanginau ||
rakshanaay mam raamalakshanaavagratah pathi sadaiv
gachchhataam || 20 ||

sannaddhah kvaachee khadgee chaapabandharo yuva ||
gachchhan manorathanashch (manorothosamaakan) raamah
paatu sa lakshmanah || 21 ||

raamo daasharathi shooro lakshmanaanuchaaro balee ||
kaakutsah purushah poornah kaushalyeyo raghuttamah || 22 ||

vedaantavedayo yagyeshah puraan purooshottamah ||
jaanakeevallabhah shreemaanapramey prabhaah || 23 ||

ityetaani japennityan madbhaktah shraddhaayaanvitah ||
ashvamedhaadhikan punyan sampraapnoti na sanshayah || 24 ||

raaman doorvaadal shyaaman padmaakshan peetavasam ||
stuvanti naabhi-radivyai-rnate sansaarino naraah || 25 ||

raaman lakshman poorvajan raghuvaran seetaapatin sundaram
kaakutsthan karunaarnavan gunanidhin viprapriyan dhaarmikam ||
raajebran satyasandhan dasharathanayan shyaamalan
shaantamoortim
vande lokaabhiraaman raghukul tilakan raaghavan raavanaareem
|| 26 ||

raamaay raamabhadraay raamachandraay vedhase ||
raghunaathaay naathaay seetaayah pataye namah || 27 ||

shreeraam raam raghunandan raam raam
shreeraam raam bharatagraj raam raam ||
shreeraam raam ranakaksh raam raam
shreeraam raam sharanan bhav raam raam || 28 ||

shreeraam chandr charanau manasa smaraami
shreeraam chandr charanau vachasa grhnaami ||
shreeraam chandr charanau shirasa namaami
shreeraam chandr charanau sharanan prapadye || 29 ||

maata raamo mat-pita raamachandrah
svaamee raamo mat-sakha raamachandrah ||
sarvasvan me raamachandro dayaaluh
naanyan jaane naiv jaane na jaane || 30 ||

dakshine lakshmano yasy vaame ch (tu) gyaataatmaja ||
purato maarutiryasy tan vande raghunandanam || 31 ||

lokaabhiraaman rangarangadheeran
raajeevanetran raghuvanshanaatham ||
karunyaroopan karunaakaran tan
shreeraamachandran sharanyan prapadye || 32 ||

manojavan maarut tuly vegan
maashuriyaan buddhimataan varishtham ||
vaataatmajan vaanarayuth mukhyan
shreeraamadootan sharanan prapadye || 33 ||

kujantan raamaraameti madhuran madhuraaksharam ||
aruhyakavita shaakhaan vande vaalmikee kokilam || 34 ||

aapadaamapahartaaran daataaran sarvasampadaam ||
lokaabhiraaman shreeraaman bhooyobhooyo namaamyaham ||
35 ||

bhaarjanan bhavabeejaanaamarjanan sukhasampadaam ||
bhagavaanan yamadootaanaan raam raameti garjanam || 36 ||

raamo raajamanih sada vijayate raaman raaman bhaje
raamenaabhihata nishaacharachamu raamaay tasmai namah ||
raamaannaasti paraayanana paratan raamasy daasosmyahan
raame chittalayah sada bhavatu me bho raam maamuddhaar ||
37 ||

shreeraam raameti rame raame manorame ||
sahasranaam tattulyan raam naam varaanane || 38 ||

**iti shreebuddhakaushikamuni virachitan shreeraam
rakshaastotran sampoornam ||**

